Group B Coxsackievirus Diabetogenic Phenotype Correlates with Replication Efficiency

Toru Kanno, Kisoon Kim, Ken Kono, Kristen M. Drescher, Nora M. Chapman, and Steven Tracy

Enterovirus Research Laboratory, Department of Pathology and Microbiology, University of Nebraska Medical Center, 986495 Nebraska Medical Center, Omaha, Nebraska 68198-6495, and Department of Medical Microbiology and Immunology, Creighton University School of Medicine, Omaha, Nebraska 68178

Received 9 November 2005/Accepted 14 March 2006

Insulin-dependent (type 1) diabetes mellitus (T1D) is an autoimmune, largely T-cell-mediated disease typically diagnosed before the end of the teen years (5, 6). A predisposing, multigenic component has been described but accounts for fewer than 50% of cases (7, 35, 45); environmental factors (e.g., viral infections) have therefore been proposed to explain the remaining cases of T1D (3, 6, 32, 57, 58) that cannot be ascribed solely to host-driven pathogenic autoimmunity. Human enterovirus (HEV) infections have long been suspected as environmental triggers of human T1D (12, 22, 27); infections by common HEVs, such as the group B coxsackieviruses (CVB 1 to 6) and diverse echoviruses, have been implicated as triggers of T1D onset at the time of or shortly after infection (8, 9, 13, 19, 28, 37, 39, 42, 52, 60). Nonetheless, it remains unclear whether HEV initiates T1D in humans (18, 22, 27, 49, 50). The CVB phenotypes are modulated by a variety of influences, including immune status, age, strain, and gender of the mouse host (1, 2, 11, 20). However, if all CVB strains can initiate T1D or whether it is a phenotype expressed only by rarely occurring strains. The latter possibility would be consistent with a paucity of known epidemic/outbreak T1D cases in the presence of common and widespread HEV (and CVB) circulation (1, 2, 11, 20). Treatment with HEV lacks a putative pathogenic role in human T1D, and CVB incidence is low (54). However, all CVB strains can initiate T1D even in older, prediabetic NOD mice (14). This observation, which obscures a simple definition of a diabetogenic CVB phenotype, is consistent with CVB diabetogenicity being modulated by the host environment. The impact of the host environment on viral replication is well-established: expression of CVB phenotypes are modulated by a variety of influences, including immune status, age, strain, and gender of the mouse host (14, 23, 25, 49, 50).

To test the hypothesis whether diabetogenicity is a common phenotype, we used a well-characterized, poorly pathogenic CVB3 strain, CVB3/GA (33, 55, 56), reasoning that rapid T1D onset should not be observed if the virus lacks a putative
specific genetic determinant necessary to trigger T1D onset. The precedent for considering this hypothesis is the case for CVB3-induced myocarditis in mice: the primary structure of domain II in the 5' nontranslated region (NTR) of the viral genome determines a myocarditic phenotype (15, 16). Furthermore, CVB3/GA does not induce T1D onset shortly after inoculation of 5 × 10^5 50% tissue culture infective doses (TCID_{50}) into old NOD mice (14), sharply contrasting with another virulent strain, CVB3/28, that induces ≥70% T1D incidence at this dose within 1 to 2 weeks postinoculation (p.i.). All virus stocks used in these experiments were derived from infectious cDNA copies of the genomes (33, 55) by transfection of HeLa cells. Virus stocks were collected by ultracentrifugation through 30% (wt/vol) sucrose in 1 M NaCl, 10 mM Tris HCl pH 7.6, 0.1 mM MgCl₂ into a glycerol button and resuspended in 100 mM NaCl, titers were determined on HeLa cells (TCID_{50}/ml), and stocks were stored aliquoted at −75°C.

In the first experiment, groups of female NOD mice (Taconic, Germantown, NY) were inoculated intraperitoneally (i.p.) at 12 weeks of age with different doses of CVB3/GA (5 × 10^5 to 5 × 10^7 TCID_{50} per mouse). Other groups of mice were inoculated with decreasing doses of CVB3/28 (5 × 10^5 to 5 × 10^3 TCID_{50} per mouse); greater doses of CVB3/28 were not used, as preliminary experiments indicated that ≥5 × 10^6 TCID_{50} CVB3/28 per mouse resulted in high mortality (data not shown). Mice were maintained and assayed weekly for urine glucose levels to indicate T1D onset as described previously (14, 55).

Mock-infected (injected with sterile 100 mM NaCl, used as the virus diluent) mice first showed T1D onset at 18 weeks of age. However, T1D developed in each group of CVB3-inoculated mice 4 weeks earlier and within 1 to 2 weeks p.i. (Fig. 1A and B). The sole exception were mice inoculated with the lowest CVB3/GA dose (5 × 10^5 TCID_{50}); like control mice, T1D onset in these mice first occurred at 18 weeks of age. In mice inoculated with higher CVB3/GA doses per mouse (5 × 10^6 to 5 × 10^7 TCID_{50} per mouse), greater doses of CVB3/28 were not used, as preliminary experiments indicated that ≥5 × 10^6 TCID_{50} CVB3/28 per mouse resulted in high mortality (data not shown). Mice were maintained and assayed weekly for urine glucose levels to indicate T1D onset as described previously.

FIG. 1. Inoculation of older NOD mice with high doses of CVB3/GA initiates T1D, increases pancreas titers, and permits detection of virus in islets prior to T1D onset. (A and B) Groups of 10 female NOD mice at 12 weeks of age were inoculated i.p. with different doses of CVB3/GA or CVB3/28. Doses (as TCID_{50} per mouse) are shown. T1D onset was assayed by urinalysis (55). The experiment was terminated when mice were 28 weeks old, 4 weeks after mock-infected control mice achieved 90% T1D incidence. (C) NOD mice at 4 to 5 weeks of age were inoculated i.p. with CVB3/GA or CVB3/28 at the dose shown and then killed (three to four mice per point) at various times. Pancreata were weighed and homogenized, and titers were determined on HeLa cell monolayers as described earlier (55). (D to K) Prediabetic mice at 21 weeks of age were inoculated with 1 × 10^5 TCID_{50} CVB3/28 per mouse (D to G) or saline (control mice [H to K]) and killed 4 days later. Formalin-fixed, paraffin-embedded pancreas sections (6 μm thick) were stained with antibody against viral capsid protein (D and H) or insulin (E and I). The merged image (F) shows an example (arrow) of colocalization of CVB3/GA with insulin; no virus signal was detected in control sections (H and J). Original magnification, ×480. Panels G and K show hematoxylin and cosin-stained sections. Original magnification, ×120 (G) and ×240 (K).
CVB3/GA) or $5 \times 10^5$ TCID$_{50}$ (CVB3/GA only) were inoculated per mouse, after which the infectious titer in pancreatic tissue was assayed. Following inoculation at $5 \times 10^5$ TCID$_{50}$ per mouse, CVB3/28 replicated to 3 to 4 logs higher titer per g of pancreas tissue than CVB3/GA (Fig. 1C) within 2 days of inoculation and remained higher than CVB3/GA at day 4 p.i., confirming previous results (55). At this dose, CVB3/28 also initiated rapid T1D onset in 70% of mice (Fig. 1B) (14), whereas CVB3/GA caused no rapid onset. By increasing the CVB3/GA inoculum 1,000-fold to $5 \times 10^8$ TCID$_{50}$ per mouse, CVB3/GA pancreas titers were equivalent to those generated by CVB3/28 when inoculated at 1,000-fold fewer infectious units within 2 days of inoculation (Fig. 1C). This correlated with observations that rapid onset T1D occurred in older mice inoculated with $5 \times 10^6$ to $5 \times 10^8$ TCID$_{50}$ CVB3/GA (Fig. 1B). The results show that when sufficient virus is inoculated per mouse, raising the pancreatic virus titer above an apparent threshold, even a poorly pathogenic clinical isolate like CVB3/GA (33, 56) can initiate rapid onset T1D in older NOD mice.

We then asked if higher pancreatic CVB3/GA titers that occur as a result of inoculating higher doses per mouse and which can initiate rapid T1D onset might result in the detection of CVB3/GA in islets. Earlier work showed that CVB3/28 was detectable in islets of old mice 4 days p.i., immediately prior to T1D onset (14), supporting the hypothesis that CVB infection within remaining intact islet tissue in older, prediabetic NOD mice leads to rapid T1D onset. Four nondiabetic NOD mice (21 weeks of age) were inoculated with $1 \times 10^6$ TCID$_{50}$ CVB3/GA i.p. and killed 4 days later; none of the mice were diabetic when killed. Immunohistochemical staining was performed as previously described (14) on formalin-fixed, paraffin-embedded pancreas sections (6 μm thick) using antibodies against enterovirus capsid protein (Dako, Carpinteria, CA) and insulin (Sigma, St. Louis, MO). Alexa-Flour-labeled secondary antibodies (Invitrogen, Carlsbad, CA) were used for detection. CVB3/GA capsid protein was visualized within intact regions of islets (Fig. 1D), colocalizing with insulin expression (Fig. 1E and F, merged image). These results were similar to results that had been described for virulent CVB3/28 (14). No virus protein was detected in sections from control, mock-infected mice, as expected (Fig. 1H and J, merged image). Insulin staining demarcates intact regions of inflamed islets in each section shown (Fig. 1E and I), while the extent of islet inflammation is evident in the hematoxylin and eosin-stained serial sections (Fig. 1G and K; panel G is shown at a lower magnification to better illustrate the extent of insulitis). Thus, inoculating mice with sufficient TCID$_{50}$ CVB3/GA to initiate T1D in older mice can also result in the detection of virus replicating in islets prior to T1D onset. This result supports the hypothesis that any CVB strain may induce T1D under the correct conditions.

Colocalization of CVB3/GA with insulin in islets and the rapid T1D onset that can occur following inoculation of older, prediabetic NOD mice with CVB are consistent with a mechanism involving viral infection of insulin-producing beta cells in most or all islets. Islets cultured in vitro can be infected with diverse HEVs, and outcome can vary as a function of the virus strain used (48, 53, 59). In addition to insulin-producing beta cells, three primary endocrine cell types are recognized in the pancreatic islet of Langerhans: alpha (producing glucagon), delta (somatostatin), and PP (pancreatic polypeptide) (54). To determine whether CVB colocalizes only with beta cells in the NOD mouse islet, we assayed CVB-infected islets by immunohistochemistry. Staining was carried out on formalin-fixed, paraffin-embedded pancreas sections from CVB3/28-inoculated prediabetic (12-week-old) NOD mice killed 4 days p.i. Serial sections were first stained with antibodies against insulin (beta cells), somatostatin (delta cells; Chemicon, Temecula CA), glucagon (alpha cells; Chemicon), and pancreatic polypeptide (PP cells; DakoCytomation, Carpinteria, CA) to verify that each antibody detected different cells (data not shown). The antiviral antibody and the other antibodies were then used in pairs on sections from CVB3/28-inoculated NOD mouse pancreas tissue. As before, Alexa-Flour-labeled secondary antibodies were used for detection. Virus capsid protein was not detected, as expected, in the control (mock-infected mice) (data not shown) but was detected in noninflamed islet tissue of CVB-inoculated mice (Fig. 2B, F, J, and N). Separate and merged images show staining for virus protein and the specific islet cell product protein (Fig. 2A to C, E to G, I to K, and M to O). Hematoxylin and eosin-stained sections of the islets are
also shown (Fig. 2D, H, L, and P; panel H is shown at a lower magnification to better illustrate the extent of insulitis in this islet). These results demonstrated that CVB infection of the islet in vivo appears to be a generalized infection, involving not only the insulin-producing beta cells but also other primary islet cell types.

The 5′-NTR RNA is a key genetic region that controls the extent of cardiac titer in mice and in cardiac cell culture as well as the expression of CVB cardiovirulence in mice (15, 16). We therefore wished to determine whether the 5′-NTR sequences of CVB3/GA and CVB3/28 similarly impacted replication in beta cell cultures and in mice. CVB3/GA- and CVB3/28-based genomes were created using standard techniques, and infectious cDNA copies of the CVB3/GA and CVB3/28 genomes (33, 55), in which the complete 5′-NTR sequences of each virus were exchanged (CVB3/28 with the 5′-NTR replaced by that from CVB3/GA [CVB3/28-5NTRGA] or CVB3/GA with the 5′ NTR replaced by that from CVB3/28 [CVB3/GA-5NTR28]). The 5′-NTR replacements were precise in both cases, leaving the start of translation beginning at nucleotide 740 intact. For each virus stock, the 5′-NTR sequences were verified by sequence analysis (data not shown). We also characterized the NOD mouse pancreatic beta cell line MIN6 (38) for permissiveness to CVB replication. MIN6 cultures were graciously provided by M. A. Permutt, Washington University School of Medicine, by permission of J.-I. Miyazaki, Kumamoto University Medical School, Kumamoto, Japan. Monolayer cultures inoculated with CVB1-6 (ATCC, Manassas, VA) at a multiplicity of infection of 20 TCID50 per cell showed significant or complete cytopathic effects (cell rounding and cell detachment) within 48 to 72 h p.i. depending upon the virus strain (data not shown).

Single-step growth curves were then performed to compare viral replication rates. Duplicate cultures (1 × 10⁵ MIN6 cells in 0.5 ml medium in 24-well plates) were inoculated with parental CVB3/28, CVB3/GA, or either of the two 5′-NTR chimeric strains at a multiplicity of infection of 20 TCID50 per cell, washed 1 hour after infection, and then provided fresh medium. Cultures were harvested by freezing, and then titers were determined on HEp-2 cell monolayers. Parental CVB3/28 replicated to a nearly 100-fold higher titer in MIN6 cultures than CVB3/GA at 10 h p.i. (compare Fig. 3A and B), consistent with and extending results obtained from CVB3/28 and CVB3/GA infections of murine pancreas tissue (Fig. 1C). Replication of the CVB3/28-5NTRGA chimeric strain was slowed relative to parental CVB3/28 (Fig. 3A) by 3 to 4 h; the final titer was 10-fold lower than that of the parental strain. Despite this, CVB3/28-5NTRGA replicated to a 1 log higher titer at

FIG. 2. CVB infections in islets of 12-week-old, prediabetic NOD mice colocalize with different islet cell types. A dose of 5 × 10⁵ TCID50 CVB3/28 was inoculated into mice; mice were killed 4 days later, and serial pancreas sections were stained for insulin (A), somatostatin (E), pancreatic polypeptide (I), and glucagon (M) or virus capsid protein (B, F, J, and N). Merged images (C, G, K, and O) show examples of virus protein colocalized with the specific cell marker protein (arrows) at an original magnification of ×480. Hematoxylin and eosin-stained sections (D, H, L, and P) show the extent of islet inflammation at an original magnification of ×480 (D, L, and P) or ×240 (H).

5640 NOTES J. VIROL.
h p.i. than either parental CVB3/GA or CVB3/GA-5NTR28 (Fig. 3B). Replacement of the CVB3/GA 5’ NTR with that from CVB3/28 had no effect on the replication of CVB3/GA-5NTR28 relative to the parental CVB3/GA strain in MIN6 cultures: both strains replicated with similar rates to equivalent titers. Thus, the CVB3/GA-based strain was unaffected by exchange of the 5’-NTR sequence, while the CVB3/GA 5’ NTR suppressed replication of the chimeric strain relative to parental CVB3/28.

We then compared replication of the four CVB3 strains in NOD mouse pancreas tissue following i.p. inoculation of female NOD mice (4 to 5 weeks old) with $5 \times 10^6$ TCID$_{50}$ of virus. Infectious virus titers in the pancreas were determined on HeLa cell monolayers. CVB3/28 replicated to a higher titer than CVB3/GA by days 2 to 4 p.i. with clearance of both viruses well under way by day 7 p.i., similar to previous observations (55). Both 5’-NTR chimeric strains replicated with nearly equivalent rates to closely similar titers in the pancreas. Although chimeric viruses initially replicated more slowly than parental strains, the chimeric strains achieved titers close to that of parental CVB3/GA by day 4 p.i. In contrast to replication in MIN6 cultures, 5’-NTR exchange resulted in lowering the initial titers achieved by the chimerics relative to their parental strains. However, as before, CVB3/28-5NTRGA was more crippled relative to the parental strain than CVB3/GA-5NTR28.

We demonstrate here that even a poorly pathogenic, clinical virus isolate such as CVB3/GA can initiate rapid T1D in older, prediabetic NOD mice, providing that the dose of virus (number of infectious CVB virions inoculated per mouse) is sufficient. If inoculated at a dose which promotes rapid T1D onset, CVB3/GA could also be colocalized with insulin-producing beta cells in islets prior to T1D onset. Consistent with the necessity of inoculating higher doses of CVB3/GA than CVB3/28 per mouse to achieve similar results, CVB3/GA was shown to replicate more slowly than CVB3/28 both in a mouse beta cell culture and in total pancreas tissue. These results support the hypothesis that the CVB replication rate is the key factor in defining a diabetogenic viral phenotype in this system and suggest that any CVB strain can be diabetogenic in old, prediabetic NOD mice, providing that the mouse is inoculated with a sufficient infectious dose. Previous observations (51, 55) that sporadic cases of rapid T1D onset, well in advance of that in control groups, can occur when younger (8-week-old) NOD mice are inoculated with different CVB strains further support this hypothesis.

While both CVB3 strains induce equivalent T1D incidences in older mice, significantly different ranges of infectious virus were needed to achieve this end: inoculation of mice with lower CVB3/28 doses ($5 \times 10^1$ to $5 \times 10^4$ TCID$_{50}$ per mouse) resulted in TID incidences in each group similar to those induced by higher CVB3/GA doses ($5 \times 10^6$ to $5 \times 10^8$ TCID$_{50}$ per mouse). Our working hypothesis to explain this observation is that an initially high pancreatic titer of CVB3/GA resulting from injecting at least $5 \times 10^6$ TCID$_{50}$ per mouse can compensate for the slower CVB3/GA replication rate, leading to infection and killing of more beta cells than that which occurs following inoculation with fewer infectious virus particles per mouse. CVB3/28, on the other hand, replicates more rapidly to higher doses and so can initiate rapid T1D onset with even fewer virus particles in the infectious dose. The observation that CVB can also associate with other islet cells suggests islet infections may be generalized events, not limited solely to the beta cells. However, the present data cannot
viral adaptive immune response, with the result that fewer specific innate immune response and a rapidly activating anti-chimeric viral response may achieve this extent of damage in the face of the residual islet-specific defenses of virulent CVB3 strains \[14\]) may destroy enough beta cells within a short length of time to induce rapid T1D onset incidences of \(\approx 70\%\). Lower doses of the specific virus strain do not achieve this extent of damage in the face of the residual islet-specific innate immune response and a rapidly activating antiviral adaptive immune response, with the result that fewer mice become diabetic. We would predict on this basis that more cases of CVB-initiated T1D would be observed following inoculation of even older mice with less intact islet tissue mass. Even with \(10^6\) TCID\(_{50}\) CVB3/GA inoculated per mouse, the slower replication rate of this strain compared to CVB3/28 cumulatively slows the impact of this less pathogenic strain upon islet biology, a hypothesis supported by the slower rates and lower titers achieved by CVB3/GA relative to CVB3/28 in MIN6 cells. We propose that rapidly replicating HEV strains are more likely to be pathogenic during a human infection than strains which replicate more slowly, thereby providing a practical definition of diabeticogenic. These observations further suggest grounds for why cases of HEV-associated T1D onset may be rare: even when islets are significantly inflamed by one’s autoimmune disease, the infecting virus must rapidly attain high titer and deplete residual beta cell activity to initiate T1D prior to the rise of the antiviral immune response. Because T1D incidences remained lower than those of mock-infected control mice through the end of the experiments, regardless of the CVB3 strain or dose employed, the protective impact upon the immune system that has been shown in young mice \(55\) may still function even in the prediabetic stage of life, thereby helping to suppress long-term T1D levels. Despite the characterization of diabeticogenic CVB4 strains \(30, 60\) and infectious CVB4 cDNA clones \(29, 44\), the mapping of viral genetics that determine a diabeticogenic CVB phenotype has not been carried out, as has been accomplished for other CVB virulence phenotypes \(15, 31, 44\). This is in part due to the lack of a suitable mouse model in which irreversible, lethal T1D can be reliably induced, although such a model is now available \(14\). Data presented here argue that CVB serology per se appears to be of little consequence, consistent with the growing understanding that genetic recombination among HEV-B is commonplace \(34, 36, 41\). The established link between the primary and predicted secondary structures of domain II in the CVB3 5’ NTR and the capacity to induce myocarditis \(15, 33\) suggested the possibility that the 5’ NTR might also influence CVB3 replication in beta cells and pancreatic tissue. However, a clearly defined association was not observed in these experiments. The observation that either 5’ NTR suppressed replication of the respective chimeric CVB3 strain relative to the parental strain in vivo may be indicative of replication in a variety of cell types, whereas results from studies in mouse beta cell cultures may reflect different requirements of the virus during replication in beta cells. Analysis of replication of other chimeric viral strains in specific host cells and tissues will be required to fully illuminate this issue.

We thank P. Karki and B. Henley for excellent technical assistance. T. Kanno and K. Kim contributed equally to this work.

Support was in part by grants from the Juvenile Diabetes Foundation International and the American Diabetes Association (S.T.), the American Heart Association (N.M.C.), and the USPHS and the Multiple Sclerosis Society (K.M.D.). T.K. was supported in part by a grant from the National Agriculture and Bio-oriented Research Organization (Japan). K. Kim was supported in part by the Postdoctoral Fellowship Program of the Korea Science & Engineering Foundations. K. Kono was supported in part by a grant from Chugai Pharmaceuticals.

REFERENCES

evidence for an association of coxsackievirus infections during pregnancy and early childhood with development of insulin autoantibodies in offspring of mothers or fathers with type 1 diabetes. J. Autoimmun. 15:533−540.


